

Volunteer News

Volunteer Christmas Appreciation Drop In - December 13 from 10am-2pm in the Auditorium. Refreshments! Draws! Good Company!

Volunteers bring love and laughter into the home on a daily basis. On Tuesdays and Friday afternoons we have The Pub in Hilltop Dining Room C. Residents can enjoy a glass of wine, beer or soda, crispy snacks and conversation with other home area residents and volunteers.



Staff Corner

Employee of the Month: Shelby-Lynn Dart PSW

Retirement: Judy Pringle, Laundry Aide is retiring November 30 after thirty years service.

United Way Campaign Winners

100 squares: Karen Laffier,

Chili Cookoff: 1st- Vicki Barrow, 2nd Luanne Roy, 3rd Dee Archer

50/50 tickets: Luana McDonald

Congratulations to the Winners!

Education Opportunities

As we near the end of our education year it is time for all staff to ensure the mandatory Surge Learning Courses have been completed. If you have forgotten your username or password, please contact either Cindy Doris or your manager and they can provide that information. Do take advantage of the computers throughout the Home in the dining rooms, "bump-outs", and the computer training room by the IHA Classroom. In addition to the courses, you will see a survey "Custom Assessment" — Assessment 1 - that also must be completed by December 10th. This is a short questionnaire regarding the annual education program. Information from this assessment will help us develop the education program for 2019.



Christmas Concerts

Dec.

1,4,5,11,14,17,19

Santa Visit

Dec. 6

Silvert's Clothing Sale

Dec. 7

Christmas Dance

Dec. 12

Auxiliary Bake Sale

Dec. 14

Birthday Party

Dec. 20

Greenhouse Café

Dec. 21

Last Bingo

Dec. 28

New Year's Party

Dec. 31



A Word From Carol



Christmas is upon us and our minds turn to the story of the first Christmas, to family and friends and all the blessings and joy the season holds.

As part of the St Joseph's Care Team, our minds also turn to our residents and their families as we try to fill the coming days with Christmas spirit, special events, music and treats. We also reflect on the residents and staff that have passed over the last year and how they touched our lives.

I take this time to thank each of you for your professional attention to your duties, for your compassion and caring toward our residents by living the mission of the Sisters of St. Joseph's.

On behalf of the entire Leadership/Management Team, I extend sincere wishes to each of you for a Merry Christmas and a safe, healthy and happy New Year 2019!



Christmas Meal Tickets — There will be a limited number of Christmas Dinner tickets available — 12 per home area for a total of 48 on a first come first served basis. Deadline is Friday December 21st. Tickets will be available at Reception. Don't be disappointed! Get yours early.



Code Corner

Code yellow – Missing Resident

- When a resident is missing a search of the entire building is required
- Staff will conduct a room by room search and if resident is not found the Police will be called
- It is critical for family members, friends and residents to let us know if they can ahead of time that they are going out.
- Let staff know on your floor that you are leaving.
- Please sign in and sign out at Reception - this is the first place we look



Christmas Giving



Please remember that all clothing must be labeled prior to it going into a Resident's Armoire or else the new clothing can get lost in the laundry system. Once you have opened your gift with your loved one please take to the Care Center for the RPN or HCA's to send for labeling. Or preplan to get items labelled ahead of time.

Gift ideas

Christmas time is a wonderful time to give gifts to your loved one and we realize how difficult it can be to find just the right gift for them. You may wish to consider purchasing any of the following gift ideas listed below:

Magnifying glass - Audio books – MP3 player programmed with their favorite songs
 Digital photo frame - Pocket talkers to enhance hearing
 Music CD's - Movies - Diet appropriate treats in a sealed container
 Taxi, Handivan and Transfer Service certificates - Foot care certificates
 Massage certificates - Hair care certificates

Just a reminder re Money in rooms: Please do not leave any large sums of money in your or your loved one's room. The home hosts a trust account for you to ensure money does not go missing. We are not responsible for what Money gets tossed into garbage pails, flushed or just simply misplaced.



Staff Perspective

Nursing Roles at St. Joseph's at Fleming - Part 2



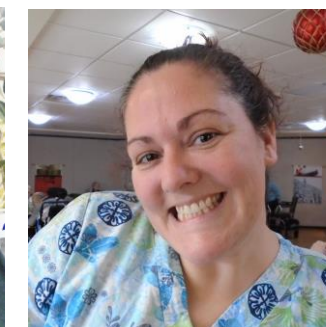
Joan from Pathway



Brandy from Hilltop



Steve from Woodland



Erin from Creekside

Personal Support Workers (PSW's) - An integral part of our Health Care Team
 Personal Support Workers (PSWs) comprise 66% of the nursing and support staff in the home working under the supervision of the Registered Nurses and Registered Practical Nurses. They provide comfort, social engagement, report changes in resident needs, and liaise with Resident friends and families. PSWs contribute to quality of life of Residents who live in our home by promoting independence; dignity; social, emotional and physical well-being; mobility; personal appearance; comfort and safety. Our PSWs possess a lot of common sense, a lot of patience, caring, love, compassion and an adaptable nature, these qualities cannot be taught and are to be celebrated in our Personal Support Workers. It is not an easy career as it can be a stressful and demanding environment. Information flows between the PSW and Health Care Team. Any changes affecting a Resident including routine activities and health status are recognized and reported by the PSW to the Registered Staff.



Kathryn Shaler our NP

Nurse Practitioner – We are fortunate to have a full-time RN who has an Extended Class designation with the College of Nurses of Ontario (CNO) as a Primary Health Care Nurse Practitioner. The RN (EC)/Nurse Practitioner (NP) is a Registered Nurse with additional education to prepare for advanced nursing practice in the provision of primary health care for our Residents. RN (EC)s/NPs have advanced knowledge and decision-making skills in health assessment, diagnosis, therapeutics including pharmacological, complementary, counseling and health care management.

Resident Council Highlights November 2, 2018

Kendra Jackson – **Food Focus**-New fall/winter menu begins Monday, Nov. 5
-Special dinner: Swiss Chalet Festive Special to happen the end of November.
Kendra mentioned that rye bread will be on the fall/winter menu. Asked the Council if they wanted to have Chinese food for dinner again. The Council all agreed. They would be happy with getting the Chinese food from the Happy Palace Restaurant.

Residents' Right # 20 – Residents' Council

- "Every resident has the right to participate in the Residents' Council."

Upgrading Phone System: The phone system at St. Joseph's at Fleming is being upgraded on Thursday, November 29th from 10:00 p.m. - 6:00 a.m. All the communication systems will be down during this time, with the exception of the main phone at the front desk. This phone will be manned by the Charge Nurse and can be used in case of an emergency.

Christmas Toy Drive: The Residents' Council was asked if they want to have another Christmas Toy Drive at St. Joseph's at Fleming. Residents, staff and visitors would be able to donate toys to the toy drive to help the Community this Christmas. The Residents' Council was in favour.

. Emergency Code Review: Code Yellow – Missing Resident:

- "A Resident is missing and has wandered off. Search of the building and area is required."

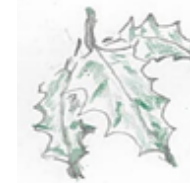
Door Prize: Won by Ray Irvine

❄️ **Let** ❄️ **it** ❄️ **Snow !** ❄️

Canada, at this time of year, means, almost always, Snow. It means shoveling walks, cleaning driveways, putting on snow-tires and snow-ploughing everywhere. But... I look out my window on a wintry scene in which roof-tops, walls, walks and trees are gleaming white under winter sun, and am happy that I live in Canada. Let them groan about shoveling snow(I say) all the time they're having to do it. Snow for me always brings back winter mornings at the top of the ski run, taking a long look over the snow-covered scene before pushing off and skiing down the mountain-side, borne almost on the surface of the snow by the speed of the skis. Yes, Canada is ski country, amongst a lot of other advantages. **Kim Krenz**

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Resident News and Views



I'm dreaming of a white Christmas,
Just like the Ones we used to know.
Where the tree tops glisten,
And children listen
To hear sleigh bells in
The snow...

I'm dreaming of a
White Christmas ,
With every Christmas
Card I write.
May your days
Be happy and bright.
And may all your Christmases be white!
Irving Berlin 1941

Illustration by Kim Krenz



The song White Christmas was sung by Bing Crosby to Marjorie Reynolds in the 1942 movie Holiday Inn. The song was so popular it became the title of another film starring Bing Crosby in 1954, the classic White Christmas. It's a melancholy melody expressing the yearning of the war weary world for peace.



Christmas Memories

Joan ...The week before Christmas, we used to go out into the forest and cut down our own tree. Family members would come to our house for a get together on Christmas eve. The look on my children's faces on Christmas morning after Santa had been there.

June ...I was visiting my mom in Lion's Head in the summertime and she was wringing her hands (like she always did when she was deep in thought) and I asked her what was wrong, and she said, "I cannot afford anything for Christmas", and I told her "all we want is your love". In early December we received 5 big boxes wrapped in ironed paper that she ironed the year before. We waited until Christmas morning to open our packages. In those boxes were 5 hand made quilts. Three doubles and two singles. She had embroidered the children's names in their quilts.

Muriel...We would go out one week before Christmas to buy our tree from a tree lot. Our family would go to church on Christmas eve and then we went over to my mom's house for a get together. The children were very excited for Santa on Christmas morning and I would cook turkey and stuffing for Christmas night.

John...Christmas was wonderful time with my family, and I had a lot of children which meant Christmas also cost a lot of money each year but it was always worth it to see their reactions each morning as they opened their gifts.

Marg... We used to do all sorts of stuff around the house getting things ready for the holidays.

Shirley... the best part of my childhood was spending Christmas Eve night at my grandmother's house.

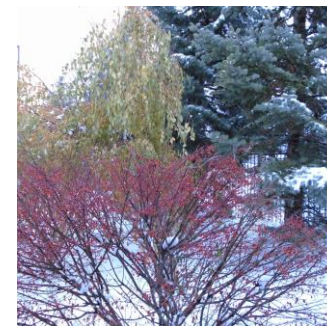
Sister-in-laws Marie and Anna... the memories of the large family dinners that have been happening for over 20 years. The guest list of over 35 people is hosted by "whoever takes a notion" to do it.

Ros....Every Christmas we used to get new pajamas and a snowsuit. I was the only girl and I was told I was always spoiled. I remember going to my grandmothers on Christmas day with aunts and uncles and some of The Sisters. We sang at the piano while grandma played. My aunt came from Toronto. She lived on Avenue Road and one year she brought a hockey sweater for my brother. He was so excited...he just loved it but it didn't fit. She took it back to exchange and never brought one back! We laughed about that for some time.



November Highlights -visit <http://sjfltc.com/category/blog/> for more

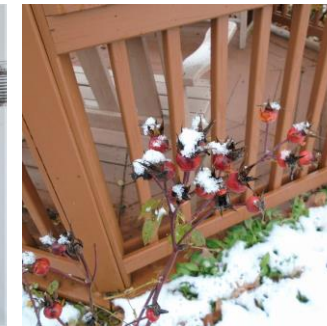
Snow Came all too early



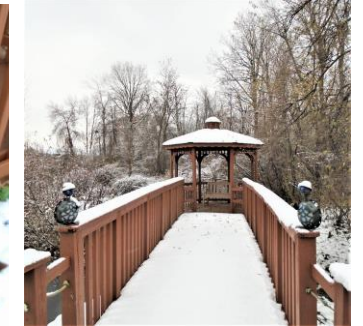
Bright red berries



Stairs closed!



Rosehips in the snow



Guardians of the pond

Remembrance Day



Art lays the wreath



Two minute silence

Concert



New Horizons Band



Alex and Paige

Christmas card dedication

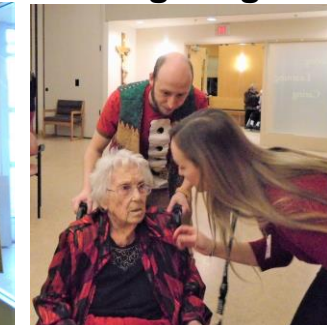


Artist Pam with Staff

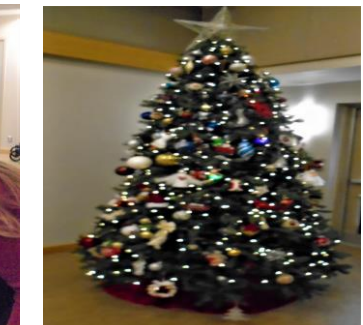


Pam and Elizabeth

Tree Lighting/Deck the Halls



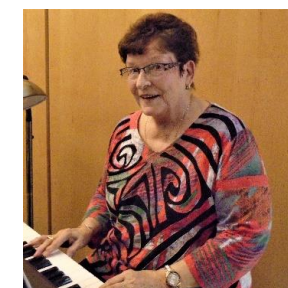
Alex and Lisa help Thelma light up the tree!



Pastoral News

Music for Sunday Mass

We are very pleased to have music back for Sunday Mass. New resident Margaret Clancy is an accomplished pianist and our singing has vastly improved!



Ecumenical Christmas
Tuesday Dec. 18 10:30am
All Welcome

Christmas Mass
Monday Dec. 24 1:30pm
All Welcome