



## Volunteer News



**Boost your health and volunteer.** Did you know volunteering can improve your mental well being, raise your confidence, lower your blood pressure and sharpen your mind? St. Joseph's at Fleming needs volunteers. Join our team and do yourself a favour! We need caring dedicated people to fill a variety of different volunteer positions. These include portering residents to and from events, providing companionship and conversation, assisting in games and programs, gardening and more. Our exciting new digital library project has us partnering with the Peterborough Public Library and provides an opportunity to be part of something truly special. Call us to find out what suits you! All you need is a current police check and the flu shot. Giving back to your community is the greatest gift of all. Call Carol Burton 705-743-4744 Ext 3062

Our Volunteer Appreciation Lunch is on Wednesday June 6<sup>th</sup> at 12:30 in the auditorium. Saddle up your pony and come on down for chicken and fixins at the Volunteer Roundup.

## Staff Corner Employees of the Month for:

- |                       |                                       |
|-----------------------|---------------------------------------|
| January: Megan Wegner | Watch this spot as we develop a space |
| February: Cindy Fader | for staff news and interest stories.  |
| March: Kirsten Payne  | We should have results from CARF in   |
| April: Karen Laffier  | about a month's time!                 |
| May: Verna Pink       |                                       |

*We live the legacy of the Sisters of St. Joseph*

## June 2018



**Celebrating  
June  
Senior  
Citizens  
Month**

**Volunteer  
Appreciation**  
*June 6*

**Provincial  
Election**  
*June 7*

**Auxiliary  
Father's Day  
Celebration  
and Bake  
Sale**  
*June 15*

**Birthday  
Party**  
*June 21*

**Green  
House Café**  
*June 18*

**Strawberry  
Social and  
Canada Day  
Celebrations**  
*June 29*

## A Word from Carol

June is Senior Citizen's Month:

2018 marks the 34th annual Seniors' Month. Our theme, "Now's the time to start something new," highlights how aging does not prevent any of us from leading fulfilling lives. Seniors continue to contribute to our community and we can all benefit from their wisdom, friendship, and experience.

The staff at St. Joseph's at Fleming are Maintaining our promise to residents and their families by demonstrating and living the legacy of the Sisters carrying on their tradition and including residents, family, and community partners in meaningful opportunities for engagement.

**"No one cares how much you know until they know how much you care."**  
Theodore Roosevelt

Thursday June 7 is Provincial Election Day!! We will have a polling station in the Home Library on that day. Don't forget to exercise your right to vote. Family Members are encouraged to help porter loved one to voting booth.

Voting is from 8am-10pm

Volunteer portering from 10am-2pm





## Department News

### From Dietary

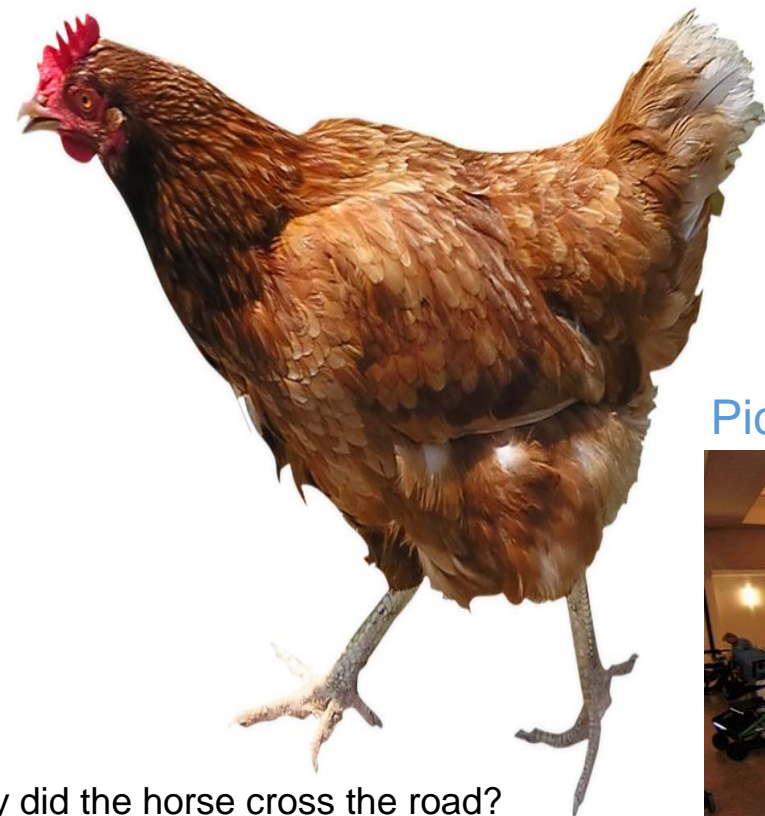
Spring/ Summer menus have started as of May 14<sup>th</sup>. The next Food Focus Group is June 6<sup>th</sup> 10:30am in the Pathway activity room.

### From Recreation

Recreation announces the return of the chickens! Mitzi Young will be bringing her flock of friendly fowl back to the main courtyard June 6. Our new digital library is up and running. Instructions for use will be available in the library along with the sign in book. We're working out the details of borrowing devices on weekends and evenings

### From Nursing

Reminder to all staff – Surge Learning modules need to be completed!  
Pharmacy In-services Continue.  
June topic for Registered Staff (RPNs/RNs) will be related to medications used with Parkinson's Disease.  
Family/Resident Survey will be distributed (1 per resident or POA) before mid June.  
Your feedback is important. Please look for this.



Why did the horse cross the road?  
The chicken needed a rest.

Joanne Carroll- Seabrook will be retiring from the Board of Directors of St. Joseph's at Fleming and Marycrest at Inglewood at the completion of her term as Chair. This will be effective as of the AGM June 25<sup>th</sup> 2018.



St. Joseph's at Fleming has been very fortunate to have had such a sincere, dedicated and caring person on our Board of Directors. She will be missed, and we wish her well in all her future endeavors.

## May Highlights

Be sure to check out our website and the new Blog link Under the News Menu on the Home Page for more photos.

### Plant Sale



### Pics from Royal tea



### High Tea with the Honourable Elizabeth Dowdeswell

