

March 2024

St. Joseph's at Fleming LTC | 659 Brealey Dr. Peterborough ON | 705-743-4744 |



Can You Find Me?

Somewhere in this newsletter a Leprechaun is waiting to be found. Fill in the blanks below and enter your findings at the front desk. The draw will be made at the end of the month!



Can you find me?



In the newsletter, **a Leprechaun is** waiting to be found! Fill in the blanks below and enter this clipping at the front desk for a chance to win! The draw will be made at the end of the month!

What page is the **Leprechaun** on? _____.

Your Name: _____.

Phone Number: _____.



Employee of the Month



Name: Kirsten Payne
Job Title: Housekeeping

Congratulations and thank you for being such an outstanding employee!

A Word from Carol

March is here and with it brings an early spring and longer days.

Yet the best is still yet to come in March as we all celebrate experiencing brighter days and that first day of Spring. It is our hope that with an early spring so will come the warmer weather and give our residents with their family & friends further opportunity to visit the outside once again.

I would like to take this opportunity to thank all staff and family for your ongoing support and care to our residents. Your kindness and attention to detail make the **difference between providing long-term care and providing a home.**

Remember, regardless of your heritage, everyone is **Irish on March 17th.** So, my Irish blessing to you is: "May your troubles be less, and your blessings be more and may nothing, but happiness come through your door."

Happy St. Patrick's Day Everyone.

Just a reminder St. Joseph's at Fleming is going to be reaccredited in April. Our survey dates have been scheduled for April 29th & 30th 2024. Together we can show what a great home looks like.

As always, please continue to do for others what you can, when you can and always remember to be kind to one another.

- Carol



Celebrity Birthdays

- 1st, 1969 Javier Bardem
(actor)
- 3rd, 1962 Jackie Joyner-Kersey
(sprinter)
- 4th, 1888 Knute Rockne
(football coach)
- 5th, 1974 Eva Mendes
(actress)
- 6th, 1806 Elizabeth Barrett Browning
(poet)
- 7th, 1872 Piet Mondrian
(artist)
- 9th, 1964 Juliette Binoche
(actress)
- 11th, 1968 Lisa Loeb
(musician)
- 14th, 1948 Billy Crystal
(comedian)
- 17th, 1951 Kurt Russell
(actor)
- 20th, 1957 Spike Lee
(director)
- 25th, 1942 Aretha Franklin
(singer)
- 27th, 1899 Gloria Swanson
(actress)
- 30th, 1945 Eric Clapton
(musician)

On This Day

- 1 Employee Appreciation Day
2 Cat in the Hat Day
3 World Wildlife Day
4 People first published (1974)
5 Invention of the Hula-Hoop (1963)
6 Michealangelo's Birthday
7 Mad for Plaid Day
8 International Woman's Day
9 Johnny Mercer's "Personality" Tops
Charts (1946)
10 Daylight Saving Time Begins (spring
forward)
11 Commonwealth Day
12 Girl Scouts Founded (1912)
13 Good Samaritan Involvement Day
14 Pi Day
15 World Sleep Day
16 Quilting Day
17 St. Patrick's Day
18 Transit Driver Appreciation Day
19 Spring Equinox
20 International Day of Happiness
21 International Day of Forests
22 International Goof-Off Day
23 Purim Begins at Sundown (Jewish)
24 Palm Sunday (Christian)
25 Holi (Hindu)
26 Purple Day 
27 International Balloon Animal Day
28 Baseball's Official Opening Day
29 Good Friday
30 Jeopardy! Day (Debut 1964)
31 Easter Sunday

Code Corner

Code Brown

A **Code Brown** must be initiated when a spill threatens:

- The safety of any persons in the building, the Natural environment, or the Property of the Home

Upon Hearing a "**Code Brown**", Staff are to report to the area paged. Evaluate the situation and then Proceed to do the following:

- Ensure there are no residents or staff around the spill - and if there is, remove them from the area.
- Set up "Wet Floor" caution signs around perimeter of spill area.
- Pull the Safety Data Sheet binders located in receiving hallway, care centers, or main boardroom.
- Determine from SDS sheets proper handling, cleaning, and disposal.
- Bring spill kit located in the Generator Room (by receiving doors) to the area of spill.
- Using proper PPE and Absorbent materials from kit, proceed to clean up spill.
- If more assistance is required, contact the Peterborough Fire Services, by dialing 9-911 and advise them of the situation.
- If necessary, initiate a partial or full evacuation of the home area.

After hearing "**Code Brown All Clear**"
Resume to Normal Duties

Code Grey

A **Code Grey** or Button-Down process is a shutdown of external air exchange into the building, in the event of an external air contaminant such as smoke or chemical gases in the immediate outside area.

Upon Hearing "**Code Grey**"
paged

REMAIN or RETURN to your assigned work area and ENSURE all windows are closed throughout the home including:

- Offices.
- Dining Rooms.
- Activity Rooms.
- Administration Area.
- Hallways.
- Staff Room.
- Sitting areas.
- Resident Rooms.

REMAIN in the building for your safety until advised that the outside air is safe and "**Code Grey all clear**" has been paged.



Sending our warmest wishes to Annie who celebrated her 107th birthday with us here at St. Josph's at Fleming. Happy Birthday Annie!

Drumming Circle Fun



March Birth Flower

The cheerful daffodil is associated with spring because it's one of the first flowers to bloom. Daffodil is the common name for all members of the genus narcissus. In the language of flowers, daffodils symbolize chivalry, respect, modesty, and faithfulness. It is the birth flower for March and represents new beginnings. Most daffodils are yellow, but varieties include pink, lime green, and a mix of yellow and white. They often grow in large clusters, covering lawns and entire hillsides.



March Birthstone

The birthstone for March is the aquamarine. This gorgeous gemstone gets its name from the Latin term aqua marina, meaning "sea water." It's an apt name considering the aquamarine's sparkling turquoise color, which ranges from pale to medium blue. Blue aquamarines are the rarest and most valuable. The green stones are sometimes changed to blue by heating them in an electric furnace at 842°F (450°C). Most aquamarines are found in Brazil.



Specialty Drinks at the Pub

Irish Coffee



MARCH WORD SEARCH

- MARCH
BASKETBALL
RAINBOW
- SHAMROCK
IRELAND
GOLD
- HORSESHOE
LEPRECHAUN
CROCUS
- LION
LAMB
READ

V	Z	Q	U	V	H	R	H	V	L	X	Q	B	R	U
D	Z	F	U	F	N	L	A	B	M	D	Y	T	U	J
K	S	H	N	O	B	K	S	I	F	I	Y	O	Q	B
X	N	P	E	Q	F	W	H	E	N	N	M	A	O	A
K	D	P	T	M	M	L	A	M	B	B	G	W	B	S
N	Y	L	S	P	C	M	M	P	J	X	O	Q	G	K
F	O	P	Y	M	H	N	R	A	T	X	L	W	Q	E
V	X	R	T	D	L	M	O	Q	R	S	D	V	C	T
I	R	E	L	A	N	D	C	M	L	C	D	Z	C	B
W	O	O	S	G	U	Q	K	W	E	R	H	U	I	A
H	O	R	S	E	S	H	O	E	P	O	V	N	R	L
L	H	F	Z	D	E	X	C	N	R	C	R	A	W	L
I	Y	B	D	S	E	V	E	T	E	U	E	L	P	V
O	P	T	Z	A	R	V	E	B	C	S	A	X	K	H
N	X	U	J	N	W	Y	I	G	H	W	D	O	W	R
P	R	C	B	L	A	P	P	K	A	X	V	S	L	Z
D	M	B	X	M	C	L	R	D	U	I	J	Q	Y	G
K	E	S	H	T	B	K	J	O	N	T	T	A	I	V

www.GrowingPlay.com

JEOPARDY!

Jeopardy's Journey

Television quiz shows came under fire in the 1950s when it was discovered that contestants were given help and sometimes even answers by quiz show producers. The incredibly popular shows Quiz Show, Twenty-One, Dotto, and the \$64,000 Question were all revealed to have been rigged, with contestants playing along to increase the dramatic tension and make the show more enjoyable for viewers. In 1960, Congress finally passed a law banning all fixing of quiz shows.

It's not surprising that many television networks were hesitant to produce any new quiz shows. But audiences craved them. In 1964, television producer Merv Griffin wanted to come up with a new game show. His wife, Julann, pitched him this idea: a show where the contestants were given the answer and challenged to come up with the question. For example, if the answer is 5,280, the question is, "What is, 'How many feet are in a mile?'" From that simple idea, the hit show Jeopardy! was born.

On March 30, 1964, Jeopardy! debuted, hosted by actor Art Fleming. It was a successful show, but after 11 years it folded. It was revived in 1984, this time hosted by Alex Trebek. For over three decades, Trebek reigned as the quintessential host of Jeopardy! With his poised demeanor and unmistakable voice, Trebek guided contestants through the challenging questions with wit and charm. He personified knowledge, embodying the essence of the beloved quiz show.

After Trebek's death in 2020, the show embraced a rotating roster of hosts, including notable figures like former contestant Ken Jennings and actress Mayim Bialik. Each host brought their unique flair while honoring Trebek's legacy. Beginning with Season 40, Jennings took the reins as full-time host. As the winner of 74 games of the show, there is no doubt that he's qualified for the job!

Saint Patrick's Day,

Feast day (March 17) of St. Patrick, patron saint of Ireland. Born in Roman Britain in the late 4th century, he was kidnapped at the age of 16 and taken to Ireland as a slave. He escaped but returned about 432 to convert the Irish to Christianity. By the time of his death on March 17, 461, he had established monasteries, churches, and schools. Many legends grew up around him—for example, that he drove the snakes out of Ireland and used the shamrock to explain the Trinity. Ireland came to celebrate his day with religious services and feasts. Saint Patrick's Day is celebrated on Sunday, March 17th, 2024.



Have you checked out the St. Joseph's at Fleming Facebook Page?

Search for "St. Joseph's at Fleming" or use the following link:

<https://www.facebook.com/profile.php?id=100063829372714>

Thank You to The Legion!

We are thrilled to announce that **The Royal Canadian Legion, Ontario Provincial Command Branches and Ladies' Auxiliaries Charitable Foundation** has generously awarded SJF with a gift of **\$8,716.22** to go towards transfer slings to ensure resident safety within the home.

Representatives Una Golding, Joel Chandler, Terri-Lynn Leahy-Lafreniere, and Sheila Davidson from The Royal Canadian Legion and Ladies' Auxiliary visited St. Joseph's at Fleming on Wednesday, February 28th for an official cheque presentation.

This is the third year that St. Joseph's at Fleming has received funding from The Royal Canadian Legion. With having 6 veterans residing at our home, Legion members have been regular visitors.

Our **not-for-profit long-term care home** is currently in the midst of our **\$3.5 million Be a Saint campaign** to raise funds for capital improvements such as renovations, as well as furnishings and fixtures aimed at ensuring residents can safely and comfortably enjoy all aspects of their home.

The campaign has raised just over \$2.4 million to date!



Game Time!

Thank you to everyone who participated in our "Super Bowl Squares" fundraiser and congratulations to our winner, Tracey, who won \$250!



Save the Date -The Be a Saint Golf Tournament is Back!

Spring is just around the corner and you know what that means... time to polish those clubs and get ready to get back on the greens!

We are just a few quick months away from our fourth annual St. Joseph's at Fleming Be a Saint Golf Tournament! We want to thank you so much for your support last year, as our funds raised went into enhancing the safety, comfort, and care for Peterborough's most vulnerable seniors.

This year's **Be a Saint Golf Tournament** is scheduled for **Thursday, June 13th** at **The Quarry Golf Club** in Ennismore. The event will commence with a shotgun start at 1:00pm, using best-ball format, followed by dinner at 6:30pm.

Celebrity golf entertainer, **Todd Keirstead**, will be joining us once again and we can't wait to see what trick shots he makes this year!



Having your support again will make an incredible difference in our ability to replace aging equipment, fund vital programs and services and continue providing our residents with the best quality of life possible, today, tomorrow, and into the future.

If you would like further details, please don't hesitate to contact Sarah Cox, Senior Fundraising and Administrative Coordinator, at 705-743-4744, ext. 3060 or visit www.givetosjf.ca.

Thank you in advance for your anticipated support! Without people like **you** we would not be able to better the lives of our residents who are so richly deserving of our collective efforts!

We look *fore-ward* to seeing you soon!



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