



St. Joseph's at Fleming **OCTOBER NEWSLETTER**

A MESSAGE FROM THE CEO:

Dear Residents and Families,

Our goal is simple and unwavering: to make St. Joseph's at Fleming a home everyone is proud of—where residents feel safe and cared for, families have confidence and peace of mind, and staff are fulfilled knowing they contribute to an excellent quality of life.

To reach that goal, we are strengthening and clarifying a number of care and workplace processes. Many of these practices have always existed, but we are standardizing them and ensuring they are consistently followed and clearly communicated. This work supports safer care, smoother daily routines, and a more reliable experience for residents and families.

What you may notice going forth:

- More consistent routines and expectations across home areas
- Clearer communication about updates and next steps
- Ongoing staff education, coaching, and quality audits to sustain improvements

About staffing and leadership changes:

As we set clear expectations and invest in professional growth, some team members may decide that this is not the right environment for them, and others will advance to new opportunities. While we never want to lose good people, we respect these choices and plan for them. Our commitment is to mentor new staff, build succession plans, and recruit proactively so that care remains consistent. Our commitment is to ensure that resident care will continue without interruption, so that changes will allow us to maintain—and even enhance—service.

Our commitment to you:

- We will minimize disruption wherever possible.
- We will keep you informed of significant changes that affect residents and families.
- We will listen. If you have concerns or questions, we want to hear them and ensure you understand what is happening and why.

If at any time you feel uncertain about a change, please reach out to me or any member of the leadership team. We are here to help.

With gratitude for your trust,

Nelson Ribeiro

CEO, St. Joseph's at Fleming



SEPTEMBER HIGHLIGHTS



We had a wonderful time visiting Saffron Equine Center. The day was filled with sunshine, fresh air, and plenty of smiles as everyone enjoyed spending time with the animals. From gentle pats to quiet moments of connection, the outing was a heartwarming opportunity to experience the joy and calm that animals bring.



On September 12th, we proudly celebrated Long-Term Care Engagement Day. Residents and families had the opportunity to meet and connect with our new CEO, Nelson, as we highlighted the importance of building strong relationships within our care community. The day also marked the kickoff of Residents' Council Week, where we recognized and celebrated the dedication of our Residents' Council Leadership Team. Their commitment and voice help guide and strengthen life in our home each day.





At September's Diner's Club, Chef Alex joined us to prepare a delicious fresh pasta lunch for our residents. Everyone enjoyed watching the meal come together and, of course, tasting the final result!



We raised our steins in celebration of Oktoberfest with lively music, tasty treats, and plenty of good cheer!



OCTOBER EVENTS

OCTOBER 9TH AT 2:15 PM - STAFF PIE EATING CONTEST

Join us for a lighthearted staff pie-eating contest. Cheer them on as they race to finish their slice the fastest!

OCTOBER 10TH AT 1:30 PM - MUSIC WITH DON VAN HALTEREN

Enjoy a musical afternoon with Don as he delights us with accordion tunes and sing-alongs.

OCTOBER 14TH AT 2:00 PM - ARMCHAIR TRAVEL TO CALIFORNIA

Take a virtual getaway as we explore the sights, sounds, and stories of sunny California from the comfort of your chair!

OCTOBER 15TH AT 1:30 PM - MUSIC WITH THE JUBILATION

Enjoy an uplifting performance with The Jubilation, a talented all-women's group who sing and dance to spread joy through music!

OCTOBER 23RD AT 1:30 PM - BIRTHDAY PARTY WITH RANDY READ

Join us for a festive Birthday Party with music by Randy read as we celebrate all of our residents with October Birthdays.

OCTOBER 30TH AT 1:30 PM - MUSIC WITH ROB MURRAY

Spend a delightful afternoon enjoying live music with Rob Murray.

OCTOBER 31ST AT 1:30 PM - HALLOWEEN DANCE PARTY

Get into the spooky spirit at our Halloween Dance Party! Come enjoy the music, dancing, and plenty of creative costumes!



HALLOWEEN CROSSWORD



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Across

- 2. Frightening
- 4. He hates garlic
- 6. Frankenstein had one
- 9. The Count
- 12. Where a vampire sleeps
- 14. ____ or treat
- 15. Scare
- 17. A skeleton is just a bunch of these
- 18. Mr. O'Lantern

- 20. What the pot might call the kettle
- 21. ____ stories
- 22. A boney sort of fellow
- 24. Found in Egypt
- 25. Lives in the belfry
- 27. Whoo? Whoo?
- 28. Playground for ghosts
- 29. What a spider spins

Down

- 1. When something makes our skin crawl, it's this
- 3. ____ house
- 5. Makes a popular pie
- 7. When ghosts come out to play
- 8. Fire burn, and ____ bubble
- 10. Samantha for example
- 11. Evil or mischevous creature

- 13. Comes out on full moon nights
- 16. October 31st
- 17. Witch transportation
- 19. Disguise
- 23. Incey wincey is one of these
- 24. Might be full, half, or new
- 26. He swallowed the canary

THANK YOU TO THE PETERBOROUGH FOUNDATION!

We are thrilled to recognize the Peterborough Foundation for their generous grant of \$5,000. Thanks to their generosity, we were able to support the purchase of new iPads for our Personal Support Workers, enhancing documentation and strengthening the quality of care we provide each day. This gift makes a meaningful difference for both our staff and residents, and we are deeply grateful for the Peterborough Foundation's commitment to supporting our home and our residents.



"I like using the iPads because they're quick and convenient. We no longer have to share a computer and wait on others to get our job done. The iPads contain everything we need for our documentation."

-Hope F, PSW



Barb S, PSW



OCTOBER ZODIAC SIGNS

LIBRA

SEPTEMBER 23 TO OCTOBER 22



Libras are known for their pursuit of harmony, balance, and beauty, as they are ruled by Venus. Key traits include their social nature, charm, diplomacy, artistic flair, and a strong sense of justice.

SCORPIO

OCTOBER 23 TO NOVEMBER 21



Scorpios are intense, determined, and insightful water signs known for their passion, loyalty, and magnetic personality. They possess a deep emotional reservoir and strong intuition, allowing them to read people and situations with uncanny accuracy.

OCTOBER BIRTH FLOWER



The two birth flowers for October are the vibrant marigold and the delicate cosmos. Both are beautiful, autumn-blooming flowers, with the marigold symbolizing warmth, creativity, and passion, and the cosmos representing serenity, order, and beauty.

OCTOBER BIRTHSTONE

The October birthstones are opal and tourmaline. Both gemstones are known for their beautiful, colorful characteristics and have been believed to symbolize hope and happiness.





WHAT OUR RESIDENTS ARE THANKFUL FOR



"For the great career
I had as a nurse"
-Marie



"I am thankful for being alive,
for my health and thankful for
having a safe home to live in. I
am thankful for my religion
and having a chapel to go to
when I need it."
-Mary



"For having been
able to serve at
church and help"
-Merle

*Happy
Thanksgiving*

"I am thankful that I live in a
safe place and that I am able
to voice my opinions and
speak my own mind. I am
thankful that everyone here is
friendly, that I have food on
the table and that when I want
to go read there is a library
here where I can get a book."
-Janet



"Thankful for the recreation team that do a wonderful job and bringing me down for activities. I am thankful that they do so much and that they will bring me back home as fast as they can."

-Marilyn



EMPLOYEE OF THE MONTH

Wendy H, Laundry

Wendy has been recognized for:

- Being a dedicated and reliable employee for many years
- Consistently demonstrating a strong work ethic and a deep commitment to both her coworkers and the resident
- Building lasting relationships with many residents and their family members - treating them with genuine kindness and compassion
 - Regularly going above and beyond
 - Being a natural mentor, patiently guiding new staff

