



St. Joseph's at Fleming JANUARY NEWSLETTER

A Message from the CEO:

Dear Residents and Families of St. Joseph's at Fleming,

As we welcome the New Year, we want to take a moment to reflect on the journey we have been on together. The past year has been a year of change, and we recognize that change is never easy, especially for residents and families who have already experienced many transitions leading up to and during the move into long-term care. Stability and consistency are what we would all hope for, and we deeply understand the importance of both.

At the same time, we know that if we continue to do what we have always done, we will continue to get the same results. At St. Joseph's at Fleming, we believe there is a bright future ahead. We are committed to ensuring that thoughtful change and meaningful progress continue, with the goal of creating a home where residents feel safe, comfortable, and proud to live.

We are fortunate to have many dedicated and caring employees who are deeply committed to our residents and the home. Through periods of change, however, we also recognize that some staff may move on. This is never easy, particularly when it means saying goodbye to familiar faces or individuals you may have trusted. We appreciate how difficult this can be and want you to know that these changes are part of a broader effort to strengthen the home. Our focus is on building a system that serves not only individual needs, but one that succeeds now and well into the future.

As we move forward, we strongly encourage residents and families to remain engaged, not only when concerns arise, but also when things are going well. A balanced perspective is essential. We want to hear what is working and what needs improvement. Too often, only a few voices shape the environment, while many remain silent because life is busy or things seem fine, until something changes. Your voice matters.

We invite residents to participate in Residents' Council and families to take part in Family Council and Resident and Family Information Nights. Your feedback, ideas, and involvement help guide this home forward and ensure decisions reflect the collective needs of St. Joseph's at Fleming.

There will be bumps along the way, but our commitment remains strong. Everyone working within St. Joseph's at Fleming is dedicated to making this a great long-term care home, one that current and future residents can truly be proud of.

We wish you all the very best in the New Year and look forward to continuing this journey together. As we move ahead, we are hopeful and excited to make 2026 a meaningful year, one where, together, we begin to shape a strong and positive future for the home.

Warm regards,
Nelson Ribeiro





December Highlights







A Heartfelt Thank You to Kim Baker



We would like to thank Kim Baker, who is a staff members' family friend for donating over 100 lap blankets for the residents at St. Joseph's at Fleming. These blankets will help keep our residents warm and cozy over the winter months.



Frosty Funnies

What do you get when you cross a vampire with a snowman?
Frostbite!

What bites but doesn't have teeth?
Frost.

What do you call a snapshot from the North Pole?
A polaroid.

What did the tree say after a long, cold winter?
What a re-leaf!

How did the snow globe feel after listening to a scary story?
A bit shaken up!

What are little snowmen called?
Chill-dren.



January Zodiac Signs

Capricorn

(December 22 - January 19)



Element: Earth.

Symbol: The Sea Goat (a mythical creature with a goat's body and a fish's tail).

Traits: Ambitious, disciplined, practical, loyal, patient.

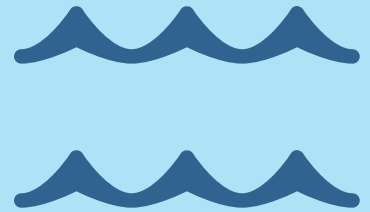
Aquarius

(January 20 - February 18)

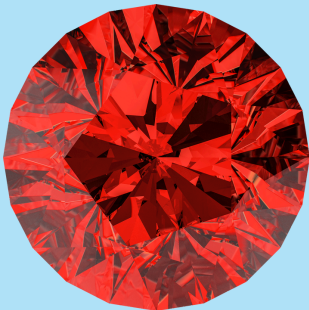
Element: Air (despite its water bearer symbol)

Symbol: The Water Bearer.

Traits: Innovative, progressive, independent, humanitarian, intellectual.



January Birthstone



The January birthstone is the Garnet, a vibrant gemstone symbolizing vitality, friendship, and protection, traditionally known for its deep red color but actually found in a wide spectrum of colors, including orange, green, and purple.

January Birth Flower



January has two birth flowers: the primary flower is the Carnation, symbolizing love, admiration, and distinction (with meanings varying by color), while the secondary flower is the Snowdrop, representing hope, renewal, purity, and resilience for braving winter. Both flowers thrive in winter, making them perfect for January birthdays.



January Events

January 6th at 2:00pm - Deer Hunt

Before we pack away the Christmas trees, let's have some festive fun! Residents are invited to take aim with Nerf guns and "hunt" our staff dressed up as reindeer. It's all in good cheer - no real deer, just laughs and holiday spirit!

January 12th at 10:30am - Hymn Sing with John

Come and lift your voices in song! Join us for a joyful hymn sing led by John, filled with timeless favorites and heartfelt melodies. It's the perfect way to share music, fellowship, and a little extra cheer.

January 14th at 10:30am - Meet & Greet with the Compass Daycare Staff

We'd love for you to meet the amazing team who will be caring for the little ones in the daycare opening up in our home. Join us for a warm and welcoming Meet & Greet with the Compass Daycare staff. Learn more about the program, ask questions, and share in the excitement of this new addition to our community!

January 14th at 2:00pm - Music with Bill Dickinson

Join us for an afternoon of wonderful music with Bill Dickinson! Enjoy familiar tunes, great company, and a relaxing time together.

January 15th at 1:30pm - Fun & Free Auction

Get ready for an afternoon of excitement and surprises! Join us for our Fun & Free Auction, where you can bid on a variety of goodies—without spending a dime! It's all about laughter, friendly competition, and walking away with something special.

January 15th at 3:30pm - Resident and Family Townhall

You're invited to join us for an important community conversation! Our CEO, Nelson will be sharing updates about the home, and answering any questions you may have. This is a great opportunity to stay informed and have your voice heard.

January 22nd at 1:30pm - Armchair Travel to China

Pack your curiosity and join us for a cultural adventure — no passport required! We'll explore the sights, sounds, and traditions of China from the comfort of your chair. Enjoy fascinating stories, beautiful visuals, and a taste of what makes this country so unique.

January 23rd at 1:30pm - Birthday Party with Don Van Halteren

Let's celebrate our January birthdays in style! Join us for an afternoon of music and merriment with the talented Don Van Halteren. We'll enjoy great tunes, delicious treats, and plenty of smiles as we honour our birthday stars.

January 29th at 1:30pm - Tour of the New Compass Daycare

We're excited to welcome Compass Daycare to our facility—and you're invited to take a first look! Join us for a guided tour of the brand-new daycare space, meet the team, and learn more about the wonderful programs designed for little ones.



Welcoming 2026 with Gratitude and Hope

As we step into a new year, it's a wonderful time to reflect on the moments that have shaped us and the connections that make St. Joseph's at Fleming such a special place. Every day, our residents, families, and staff remind us of the strength and heart within our community.

The start of 2026 brings not only reflection but renewal - a chance to grow, share, and create even more meaningful experiences together. Whether through laughter at events, quiet conversations, or the continued generosity of our Foundation supporters, the spirit of togetherness carries us forward.

On behalf of the Foundation Board, I want to express my deepest gratitude for your ongoing support. Your contributions make an incredible difference in the lives of our residents, bringing joy, comfort, and care in countless ways.

Here's to a year filled with hope, health, and happiness for all. May 2026 be a year of new beginnings and cherished memories.

Warm regards,
Wayne Godward
St. Joseph's at Fleming Foundation President



2025: A Year of Community Generosity & Impact

As we look back on 2025, we are filled with gratitude for the incredible generosity and kindness shown by our community. Together, we raised more than \$70,000 in support of the St. Joseph's at Fleming Foundation — a remarkable achievement that speaks to the power of coming together for a shared purpose.

Your contributions have made a real difference in the lives of residents and their families. Here are just a few ways your support has created meaningful change:

- New iPads for PSW Documentation: Enhancing care and efficiency on the floors.
- PCC Family Portal: Strengthening connections between residents and their loved ones.

Every donation, every hour volunteered, and every word of encouragement has helped build a stronger, more caring community. You are the heart of this mission, and we couldn't have done it without you.

As we step into 2026, let's continue to work together to create moments of joy, dignity, and comfort for those who call St. Joseph's at Fleming home. Here's to another year of compassion, collaboration, and community spirit!

What's Next?

We're excited to launch a new initiative that will make life at St. Joseph's at Fleming even more comfortable and engaging for our residents. We're funding new projectors for each home area, creating more spacious and welcoming environments for residents to enjoy their favorite shows, movies, and music. No more crowding into small living rooms — these projectors will transform common spaces into vibrant gathering spots where everyone can relax, connect, and share joyful moments.

This is more than technology — it's about community, dignity, and quality of life. With your continued support, we can make these improvements a reality and keep building a home where every resident feels valued and included. Together, let's make 2026 another year of care, connection, and compassion!





Find The Differences!



Winter Word Search

K O A X M G U P N Q D S H O V E L C W F I T
 Z B N I R E T A E W S O J S Y A D I L O H K
 A J T Q H V I M O G T L B R N P X U G E F C
 N T F S O L S T I C E G E I A H R B D L R X
 S D E Z C U B N H L Y P V M F R T A Q W O P
 L I B U K H F O A U P R T D I L S N E G Z O
 W G R D E L C I C I M X A E P T O H T S E B
 H I N F Y O K G L O V E S U M C R D I P N L
 S R X I L B W S P H U F N T R K A E B J Q Y
 C F P A D E C E M B E R O Z H B N G T A S N
 A H T O G R Q H F T L I W V D A E K S N P A
 R E K L W H A P U N O T S B G J C F O U I M
 F C V B E K J O D X N Q H G L Y S W R A T W
 M A S G U N E M B K G Z O P W I B Q F R L O
 U L O K F T N H S W J B E C S A Z P V Y G N
 E P D T I C G A E R O M S F L B K Z H C A S
 Q E J H B I D U L T H N Y L G N I T A K S M
 A R W O E P N B Z F N C S X J O H M U R V G
 B I C L R M H G Q P S E K A L F W O N S D U
 Y F S N V T E K C A J H D Q Z I P L X M B R

blizzard	frostbite	igloo	skating	snowman
December	frozen	jacket	skiing	snowshoes
February	gloves	January	sleigh	solstice
fireplace	hockey	longjohns	slippery	sweater
flannel	holidays	mitts	snowballs	toboggan
flurries	hot chocolate	scarf	snowboarding	whiteout
frigid	icicle	shovel	snowflakes	wintertime



Thank You for Sharing the Love

We're thrilled to share that our new Shout-Out Box has been overflowing with positive comments! Residents, visitors, and staff have been using it to recognize the incredible work our team members do every day. From heartfelt thank-yous to words of encouragement, these messages remind us how much kindness and dedication exist within our community.

"Thank you for your exceptional care and compassion. On a particularly difficult day for one of our residents, you took the time to support her with patience, dignity, and kindness and made sure she was safe, comforted and well cared for."

"Always maintains a positive attitude and goes above and beyond to support the team and the home. Sets the standard for excellence and drives the pace of work, demonstrating a strong commitment to making a meaningful difference. A tremendous asset to the home and we are truly fortunate to have you as part of our team!"

Want to join in? Fill out the form below to recognize a team member who's made a difference and drop it in the box at reception. Your words matter — they inspire and uplift those who care for our residents with compassion and excellence. Together, let's keep the positivity flowing!



_____ (name)

_____ (department)

deserves a shoutout because:

From: _____



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