

ST. JOSEPH'S AT FLEMING APRIL NEWSLETTER

A Message from the CEO:

As we enter the Easter season, I would like to take a moment to reflect on the true meaning of Easter, the death and resurrection of Jesus Christ. These events stand at the heart of the Christian faith and represent profound themes of sacrifice, hope, renewal, and new life. Given the long and faith-based history of St. Joseph's at Fleming, it is important for us to acknowledge and honour the spiritual significance of this holy season and the values upon which our home was founded. Easter also invites us to reflect on renewal within our own community. We are pleased to continue welcoming new residents and families into our home. Each individual who joins us brings a lifetime of experiences, stories, and gifts that enrich our shared community. We remain deeply committed to ensuring that every resident and family feels supported, respected, and truly at home from the moment they arrive.

Work on Creekside continues to progress well. As we move forward with planning, we hope to hear from families regarding the proposed permanent relocation of Woodland residents and staff to Creekside. This would allow the renovations in Woodland to be completed in a safe and timely manner. We want to reassure families that Creekside offers full access to the outdoors, including two secure courtyards, and that the home area layout, amenities, and overall environment remain comparable in all meaningful ways.

With the arrival of spring, we are also looking forward to seasonal activities and increased outdoor opportunities for residents. Warmer weather allows for fresh air, time in the courtyards, and meaningful experiences that support both physical health and emotional well-being.

I am pleased to announce that we have successfully recruited a new Nurse Manager, Erica Mallory, who joined our leadership team on April 7th. This timing allows for orientation and mentorship alongside our existing Nurse Managers as we prepare for the reopening of the Creekside unit in the coming months. In addition, we continue our active recruitment efforts for a Nurse Practitioner, which remains a key priority as part of our commitment to strengthening clinical care and resident support. I would like to extend my sincere gratitude to our staff for their dedication and compassion, and to our residents and families for your continued trust and partnership. Together, we continue to build a community rooted in care, dignity, and respect.

I wish everyone a peaceful, hopeful, and refreshing Easter season, and a wonderful month of April.

-Nelson Ribeiro, CEO

MARCH HIGHLIGHTS



We had a fantastic St. Patrick's Day celebration here at SJF! We truly embraced the green spirit with festive accessories, sweet treats, and even a few playful St. Paddy's-themed temporary tattoos.



Happy St. Patrick's Day



Our Armchair Travel adventure took us to Ireland, and what a treat it was! From Irish music and breathtaking views to great company and delicious Irish cream brownies, we enjoyed every moment. Proof that you don't need a passport for a lovely getaway!



One of March's highlights was welcoming back Chef Alex for another Diner's Club at SJF! He treated residents to a delightful brunch featuring eggs Benedict and fresh fruit salad. It was a delicious day enjoyed by everyone!



Our residents recently came together with children from Nature Root Childcare to celebrate the Spring Equinox. The gathering was filled with creativity and joy as residents and children painted together, shared smiles, and welcomed the new season. It was a wonderful opportunity to connect across generations and celebrate renewal, creativity, and community.



APRIL EVENTS

APRIL 7
2:00PM

Social Hour & Pub & Karaoke

APRIL 9
1:30PM

Music with The Wild Rover

APRIL 13
10:30AM

Hymn Sing with John

APRIL 14
2:00PM

Armchair Travel to Japan

APRIL 21
10:00AM/2:00PM

Mother's Day Photoshoot

APRIL 24
1:30PM

Birthday Party with Don Van Halteren

APRIL 29
2:15PM

Music with Rob Murray

APRIL 30
1:30PM

Cafe

APRIL ZODIAC SIGNS



Aries (March 21 – April 19):

Represented by the Ram, Aries is the first sign of the zodiac. Those born under this sign are often seen as natural leaders who are courageous, honest, and competitive.

Taurus (April 20 – May 20):

Represented by the Bull, Taurus is a patient and reliable sign. They are known to value security, comfort, and luxury, often enjoying the finer, practical things in life.



APRIL BIRTHSTONE



The primary birthstone for April is the diamond, a symbol of strength, clarity, and everlasting love. Renowned for its durability and brilliance, the diamond is believed to provide balance and abundance to the wearer.



APRIL BIRTH FLOWERS

The birth flowers for April are the Daisy and the Sweet Pea. These flowers symbolize the freshness of spring, with daisies representing innocence, new beginnings, and joy, while sweet peas represent gratitude, pleasure, and lasting friendship.



Celebrating Administrative Professionals Day



This April, we are proud to recognize Administrative Professionals Day on Wednesday, April 22, and celebrate the amazing team who keeps our home running with care, efficiency, and heart. Our administrative professionals are often the first friendly faces families meet and the steady support our staff rely on every day. From coordinating countless details to keeping our operations organized and welcoming, their work makes an incredible difference in the lives of our residents and our entire community.

Please join us in thanking our wonderful administrative team for their dedication, professionalism, and the positivity they bring to SJF.



APRIL 22, 2026

Celebrating National Volunteer Week

This April, we proudly celebrate National Volunteer Week, a time dedicated to recognizing the incredible individuals whose generosity, compassion, and commitment brighten the lives of our residents every single day.

Our volunteers bring so much heart to our home – whether they're sharing conversation, assisting with programs, offering companionship, or lending a hand wherever it's needed most. Their presence creates meaningful moments, strengthens our community, and enriches the well-being of our residents in ways that truly matter.

Throughout April 19–25, we extend our deepest appreciation to every volunteer who gives their time and talent so selflessly. Thank you for the kindness, joy, and connection you bring to our home – we are grateful for you today and always.



The Be a Saint Golf Tournament

We're really looking FORE-ward to seeing your family represented at this year's
'Be a Saint Golf Tournament!'



We will be at The Quarry in Ennismore on Thursday, June 11th.

Registration forms are available on our website sjfltc.com/foundation-events
Check out the great opportunities for sponsorships as well!

If you are unable to attend this year's golf tournament, but would like to assist us in our fundraising event, perhaps you would like to volunteer? Or you could even donate a new item to our Silent Auction table? Really popular items include sports tickets and memorabilia, gift cards to restaurants and businesses, new household items, etc. We would also be grateful for donations of beer for our Bucket of Beer raffle!

If you would like more details, please don't hesitate to reach out to Sarah Cox, Foundation Fundraising Coordinator at 705-743-4744 ext. 3060 or scox@sjfltc.com

Thank you in advance for your anticipated support! Without people like you we would not be able to better the lives of our residents who are so richly deserving of our collective efforts!

St. Joseph's at Fleming Foundation

659 Breale Drive • Peterborough ON K9K 2R8

Phone: 705-743-4744 ext. 3060

Email: foundation@sjfltc.com

Charity Number: BN 831138516RR0001



SPRING WORD SEARCH

V	F	N	G	Z	J	D	G	Q	M	D	C	E	M	L
H	K	L	S	B	Y	U	D	J	V	D	U	S	V	I
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A	P	U	L	A	G	Y	E	N	S	D	K	L	Y	V

BUTTERFLY
SUNSHINE
BLOSSOM

FLOWER
BREEZE
GARDEN

BLOOM
SEEDS
BIRD

SPRING
CHIRP
CLOUD

2026-2027 Quality Improvement Plan

Delivering Safer, Better, Resident-Centred Care

At St. Joseph's at Fleming, quality improvement is a continuous commitment guided by our Mission, Vision, and Values. Our annual Quality Improvement Plan (QIP) outlines how we strengthen resident safety, enhance experience of care, and improve the reliability of our clinical and organizational practices.

As a 200-bed, not-for-profit long-term care home serving residents with diverse and complex needs, our QIP reflects provincial priorities, resident and family feedback, and staff expertise.

Our 2026/27 Quality Priorities:

1. Reducing Resident Falls

Falls prevention remains a key focus. We are strengthening proactive strategies such as individualized falls-prevention plans, timely post-fall huddles, regular medication reviews, and close collaboration with physicians, pharmacy, physiotherapy, and behavioural support teams. Our goal is to reduce fall-related harm while improving consistency in follow-up and communication.

2. Reducing Inappropriate Antipsychotic Use

Supporting least-restraint care is essential to resident dignity and safety. For residents without a psychosis diagnosis, we are focusing on reducing unnecessary antipsychotic use through structured medication reviews, interdisciplinary case discussions, and increased use of non-pharmacological approaches tailored to individual needs.

3. Improving Resident Experience of Care

Residents' voices continue to shape our improvements. This year, we are strengthening participation in satisfaction surveys and focusing on the indicator: "I would recommend this home to others." Initiatives such as pulse surveys, staff-supported feedback, and visible "You Said, We Did" updates help ensure feedback leads to real action and timely issue resolution.

4. Strengthening Abuse Prevention Through Staff Education

Maintaining a safe and respectful environment is foundational. We are prioritizing the completion of mandatory annual abuse prevention training for all staff through automated enrollment, regular tracking, and brief learning moments built into daily practice.

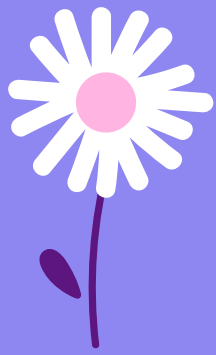
Our Commitment

Quality improvement is ongoing. Through teamwork, strong systems, and resident-centred care, we remain committed to learning, improving, and being accountable to residents, families, and our community.

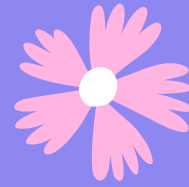
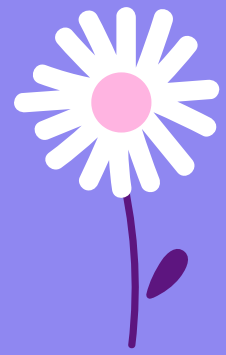


The full 2026/27 Quality Improvement Plan is available on our website. Printed copies are also available at Reception.



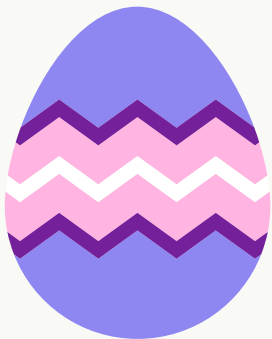
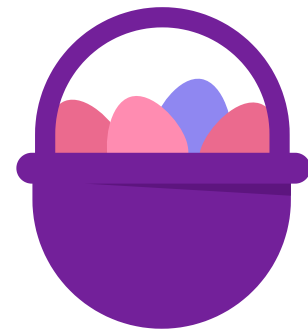


HAPPY EASTER



Good Friday — April 3, 2026

Good Friday commemorates the crucifixion and death of Jesus Christ. It is a solemn day of reflection on Jesus' sacrifice and love.



Holy Saturday — April 4, 2026

Holy Saturday is the quiet day between Jesus' death and resurrection, marking the time he lay in the tomb. It concludes the Paschal Triduum, ending at the evening before Easter.

Easter Sunday — April 5, 2026

Easter Sunday celebrates the Resurrection of Jesus Christ, the central belief of Christianity. It symbolizes new life, hope, and victory over sin and death.

