ST. JOSEPH'S AT FLEMING
OCTOBER NEWSLETTER

A MESSAGE FROM THE CEO:

As we welcome the fall season, I would like to extend my sincere thanks to our residents, families, staff, volunteers, and community partners for their continued support and dedication to our home. Together, we continue to create a caring and vibrant community for those we serve.

September brought many positive highlights, including the success of our Bargains, BBQ & Fun Fair. The event brought together residents, families, staff, volunteers, and community members for a day filled with fun, connection, and laughter. Thank you to everyone who attended, volunteered, donated, or contributed to making the event such a memorable success.

We are also continuing to invest in improvements throughout the home. Planned projects include flooring repairs, lighting upgrades, servery renovations, and the installation of ceiling lifts, all aimed at enhancing resident safety, comfort, and quality of life. The ongoing mural project has also received wonderful feedback from residents and families.

I am pleased to welcome Sabina Prajapati, our new Nurse Practitioner, who will be transitioning to full-time hours in October. Her expertise will help strengthen clinical care, support quality improvement initiatives, and enhance resident outcomes.

As we celebrate Thanksgiving and enjoy the beauty of autumn, I wish you and your loved ones a season filled with warmth, gratitude, and happiness.

-Nelson Ribeiro

SEPTEMBER HIGHLIGHTS

We stayed busy this September creating a variety of beautiful crafts inspired by the changing season. From colorful fall-themed projects to creative decorations, we enjoyed expressing ourselves, socializing with friends, and showcasing our artistic talents.











The sweet aroma of fresh-baked apple crisp filled the home this month as we came together for a special baking activity. We enjoyed helping prepare the delicious treat, sharing stories and memories of favorite family recipes, and, of course, sampling the finished product.

What a reel-y great day! In September, we cast our lines and enjoyed a fantastic day at the Ontario Federation of Anglers and Hunters. From the peaceful surroundings to the excitement of fishing, the outing provided a perfect opportunity to enjoy the outdoors, share stories, and create new memories with friends.















We had a blast playing Pant Leg Pitch! Filled with laughter and lots of team spirit, the activity kept everyone engaged and active.

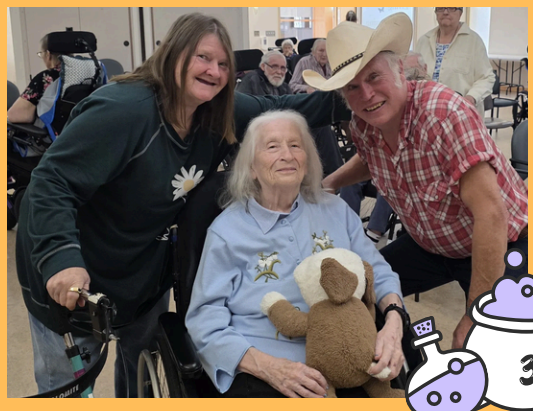
In September, we celebrated Resident Council Week, honouring the wonderful residents who make up our Resident Council and the important role they play in making our home a vibrant and welcoming community.

To mark the occasion, the Resident Council sponsored a special event for all residents, featuring live entertainment from the one and only Washboard Hank and delicious ice cream treats.

A heartfelt thank you to our Resident Council for their dedication, leadership, and commitment to enhancing the lives of their fellow residents. Your efforts help make St. Joseph's at Fleming a special place to call home!







OCTOBER EVENTS

October 5th at 10:30am
Hymn Sing

October 5th at 1:30pm
Pub & Music with Trevor Baker

October 8th at 10:30am
Puppet Show starring Adam with Nature Roots Childcare

October 13th at 2:15pm
Armchair Travel - Spooky Traditions Around the World

October 15th at 1:30pm
Birthday Party with Music by Bill Dickinson

October 19th at 1:30pm
Pub & Karaoke

October 21st at 1:30pm
Celebration Of Life Service

October 22nd at 1:30pm
Pumpkin Spice Cafe

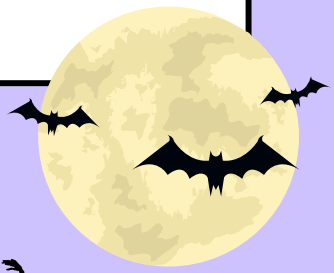
October 26th from 11:00am-1:00pm
Municipal Election for Residents

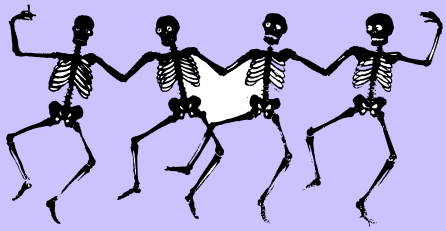
October 28th at 2:15pm
Music with Rob Murray

October 29th at 1:30pm
Pumpkin Carving

October 30th at 1:30pm
Halloween Glow Party

October 31st at 10:15am
Halloween Costume Contest & Pumpkin Carving Contest Judging







As Thanksgiving approaches, we would like to take a moment to reflect on the many things we are grateful for, including the opportunity to share meaningful moments with our residents, families, staff, volunteers, and community. Thanksgiving is a wonderful time to come together, celebrate, and enjoy the warmth of good food and great company.



We are pleased to invite residents and their loved ones to our Thanksgiving Dinner on Monday, October 12th.

Family members wishing to join us for Thanksgiving dinner are welcome to purchase meal tickets for $10 per person at Reception. Tickets must be purchased by October 7th to allow our team to prepare for this special meal.

Due to limited seating, we can accommodate a maximum of two family members per resident, with availability for up to six family members per home area. We encourage families to purchase their tickets early, as space is limited.

We look forward to celebrating Thanksgiving together and creating cherished memories with family and friends. Wishing everyone a happy and joyful Thanksgiving season!





HAPPY HALLOWEEN!

Halloween is just around the corner, bringing plenty of opportunities for fun, laughter, and festive celebrations! Throughout the month, residents will enjoy a variety of Halloween-themed activities, treats, and events as we embrace the spirit of the season.

We encourage everyone to join in the fun, share their favourite Halloween memories, and enjoy the excitement of this spooktacular time of year. Wishing all our residents, families, staff, and volunteers a safe, happy, and boo-tiful Halloween!



NATIONAL HEALTHCARE FOOD SERVICE WEEK

OCTOBER 4-10

From October 4-10, we celebrate our dedicated Nutrition Services team and thank them for the important role they play in our home. From preparing nutritious meals to creating enjoyable dining experiences, their hard work, compassion, and commitment help keep our residents healthy, happy, and well cared for every day.

Thank you to our amazing Nutrition Services staff for all that you do. Happy National Healthcare Food Service Week!



HEALTHCARE QUALITY WEEK

OCTOBER 18-24



Healthcare Quality Week celebrates the ongoing commitment to safe, high-quality, resident-centered care. Under the leadership of Daniel Preston, Director of Quality & Care, our team continually works to improve processes, strengthen resident outcomes, and enhance the experience of residents and families.

Quality care is everyone's responsibility, and we thank all staff for their dedication to excellence, teamwork, and continuous improvement. Together, we make a difference every day.

SPIRITUAL CARE AWARENESS WEEK
OCTOBER 18-24

This Spiritual Care Awareness Week, we celebrate and thank our Pastoral Care team, Marcelo Saplagio and Lito Garcia, for the compassion, comfort, and support they provide to our residents each day. Through meaningful conversations, spiritual guidance, worship services, and a caring presence, they help nurture the well-being of our residents in mind, body, and spirit.

Thank you, Marcelo and Lito, for the positive impact you make in our home and community every day.



NATIONAL INFECTION CONTROL WEEK
OCTOBER 19-23

This National Infection Prevention and Control Week, we recognize the leadership of our IPAC Lead, Jean Ferren, and our four IPAC Champions, Abby L, Michelle J, Hope F & Kartik S, who help support infection prevention initiatives throughout our home.

While they provide guidance and promote best practices, infection prevention is everyone's responsibility. Every staff member plays a vital role in protecting the health and safety of our residents, families, visitors, and colleagues each day.



Thank you to Jean, our IPAC Champions, and all staff for your ongoing commitment to creating a safe and healthy environment for everyone in our home.

ST. JOSEPH'S AT FLEMING FOUNDATION

COMMUNITY, CONNECTION & CELEBRATION: THANK YOU FOR MAKING OUR BARGAINS, BBQ & FUN FAIR A SUCCESS!

Our Bargains, BBQ & Fun Fair was packed with great finds, delicious food, games, laughter, and plenty of fun! We would like to extend a heartfelt thank you to everyone who came out and helped make the day such a memorable success.

From browsing bargains at the garage sale and enjoying a delicious BBQ lunch to participating in games and activities at the fun fair, it was wonderful to see our residents, families, staff, volunteers, and community members come together to celebrate.

Events like these would not be possible without the incredible support, generosity, and enthusiasm of our community. Thank you to everyone who attended, donated, volunteered, and contributed in any way. Your support helped create a day full of connection, joy, and lasting memories for our residents and their loved ones.

AND A VERY SPECIAL THANK YOU TO OUR GENEROUS SUPPORTERS WHO HELPED MAKE THIS EVENT POSSIBLE:

United Way Peterborough & District

Community Foundation of Greater Peterborough

TAYLOR'S NOFRILLS

peterborough

RhynoCare

We are grateful for the continued support of our home and look forward to seeing everyone again at future events!








FEED THE BEARS


Disney PIXAR
TOY STORY





The
BIG SPLASH

FEED THE BEARS

HOME
IS
NADA


GAMES FUN

OCTOBER ZODIAC SIGNS



Libra (September 23 - October 22)

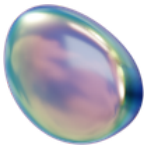
Known for their charm, diplomacy, and love of harmony, Libras are natural peacemakers who value balance and strong relationships. They bring kindness, fairness, and a thoughtful approach to everything they do.



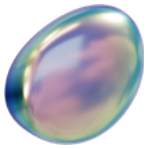
Scorpio (October 23 - November 21)

Passionate, determined, and deeply loyal, Scorpios are known for their strength and resilience. They approach life with purpose, curiosity, and a commitment to the people and causes they care about.





OCTOBER BIRTHSTONES





Opal & Tourmaline

October is one of the few months with two beautiful birthstones: Opal and Tourmaline.

Opal is celebrated for its dazzling display of colours, known as a "play of colour," symbolizing hope, creativity, and inspiration.

Tourmaline is treasured for its wide range of vibrant colours and is often associated with compassion, healing, and emotional balance.



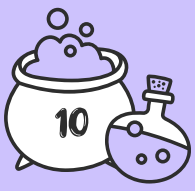
OCTOBER BIRTH FLOWERS



October's birth flowers are Marigold and Cosmos.

Marigolds symbolize warmth, positivity, and creativity, with their bright autumn colours reflecting the beauty of the season. Cosmos represent harmony, peace, and joy, admired for their delicate blooms and graceful appearance.

Together, these flowers celebrate the kindness, warmth, and vibrant spirit of those born in October.



HALLOWEEN WORD SEARCH

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Q	C	V	I	N	D	Y	V	E	Y	Y	J	P	E	Q	L	T	C	W	H	G	G	F	C	D
I	M	C	Z	C	Z	S	Z	C	K	G	I	Q	Y	E	W	L	R	N	I	Y	Y	A	K	T
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CREEPY
HALLOWEEN
CAULDRON
MONSTER

BROOM
WITCH
TREAT
MOON

DARK
CAT
BAT
HAT

WIZARD
ZOMBIE
SWEETS
WAND

SPIDER
NIGHT
TRICK
GHOST



RECOGNIZING EVERYDAY HEROES

Our Shout-Out Box at Reception continues to be filled with wonderful messages recognizing the dedication and kindness of our team members.

Have you noticed a staffmember going above and beyond? Has someone made a difference in your day, supported with compassion, or stepped up to lend a helping hand?

Our Shout-Out Box is a simple way to recognize the outstanding work happening throughout our home each day. Every submission helps celebrate the kindness, dedication, teamwork, and excellence demonstrated by our staff. Plus, each shout-out entered gives team members a chance to be recognized in our monthly draw!

Whether it's a quick thank-you, a story of exceptional care, or recognition for a job well done, your words can make a meaningful impact. Stop by Reception to submit a shout-out and help us continue building a culture of appreciation and recognition.

ST. JOSEPH'S AT FLEMING

_____ (name) _____ (department)

deserves a shoutout because:

_____

_____

_____

_____

_____

From: _____



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