

St. Joseph's at Fleming September Newsletter



A Message From the CEO:

As we move into September, I am pleased to share several positive updates from across our home. Over the past few months, we have continued to focus on enhancing resident care, improving our environment, and preparing for future growth.

One of our most significant accomplishments has been the reopening of Woodland E and the resumption of admissions to that home area. This important milestone moves us closer to our goal of returning to full occupancy in the coming months.

We are also excited to be opening our new physiotherapy room, which will provide a dedicated space to support resident rehabilitation, mobility, and wellness. In addition, we will be submitting Operation Plans for roofing repairs, front entrance repairs, tub room ceiling lifts and flooring repairs and lighting upgrades on Hilltop and Pathway.

Resident safety remains a top priority. Recent investments, including a new WanderGuard system and additional emergency evacuation equipment, help ensure a safe and secure environment for everyone who lives, works, and visits here.

I would like to thank all residents and family members who continue to share their feedback through our Town Halls and other engagement opportunities. Your input helps guide our improvement efforts and strengthens our community.

Thank you for your continued trust and support.

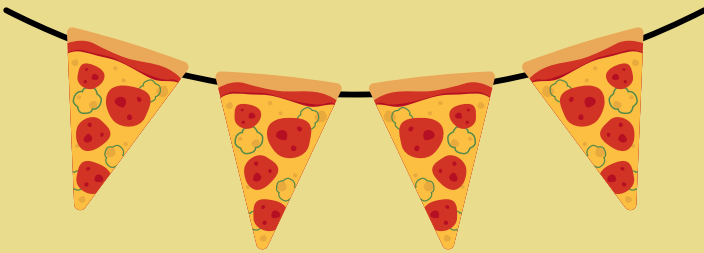
-Nelson Ribeiro



August Highlights



Pizza Day was a slice of perfection! We rolled up our sleeves and got creative, making delicious naan bread pizzas topped with homemade sauce and our favourite toppings. From tasty creations to smiling faces, it was a fun-filled afternoon enjoyed by all!



We were delighted to welcome some very special guests from Zoo to You. We had the opportunity to get up close with a variety of fascinating animals, creating a unique and engaging experience in our home.





In August, we were joined by our friends from the daycare for a wonderful afternoon of games, laughter, and connection as part of our Hearts Across the Ages program.

Gathered together on the balcony, we enjoyed a variety of summer-themed activities, creating special moments and meaningful friendships along the way.

We look forward to many more opportunities to learn, play, and create lasting memories together.



We also enjoyed another fun-filled morning with our friends from Compass during a special outdoor water play day. The warm summer weather made the perfect backdrop for a morning packed with laughter, friendship, and excitement.

Everyone had a blast cooling off with water guns, tossing water balloons, chasing bubbles, and taking part in a variety of other water-themed games and activities.





Resident Spotlight:

Finding Home at St. Joseph's at Fleming

When life brought Rose to a moment of searching for a new place she could call home, she felt a special calling to St. Joseph's at Fleming. Two months into her new chapter with us, she says her decision to make St. Joseph's her home has changed her life.

From the moment she arrived, Rose began building a new sense of community and belonging. While she continues to enjoy visits with her family and friends, she has also discovered new friendships and meaningful connections right here at SJF.



Today, St. Joseph's is more than simply where Rose lives. It has become a place where she feels connected, supported, and surrounded by people she considers family and friends.

Her story is a beautiful reminder that home can be found in unexpected places - and that sometimes, a new chapter can bring new connections, new friendships and a renewed sense of belonging.

We are so grateful to have Rose as part of our St. Joseph's family and to hear how much her new home has meant to her.





Celebrating Environmental Services Week



During Environmental Services Week (September 13-19), we proudly recognize our housekeeping, laundry, and maintenance teams for their invaluable contributions to our home. Every day, they help create a clean, safe, comfortable, and welcoming environment for our residents, families, visitors, and staff.

From maintaining resident rooms and common areas to ensuring fresh linens are available and keeping our building running smoothly, their work supports the health, safety, and quality of life of everyone who calls our home their own.

Although much of their work happens behind the scenes, its impact is seen and appreciated every day. We extend our sincere thanks to our Environmental Services teams for their dedication, professionalism, and commitment to excellence. Your hard work helps make our home a better place for all.



Join Us for Our Annual Bargains & BBQ

We're excited to welcome everyone to our annual Bargains & BBQ event!

This year is especially meaningful as we celebrate the many accomplishments of our home, the incredible progress we've made together, and the exciting milestone of the lifting of our cease of admissions. To mark the occasion, we're adding a Fun Fair to the festivities!

Garage sale is 8:00am-1:00pm

BBQ & Fun Fair is 10:00am-1:00pm

Come enjoy:

-  Delicious BBQ favourites (\$)
-  Bargain shopping at our garage sale (\$)
-  Fun Fair games and activities
-  Face painting and balloon animals
-  Tasty treats and fun for all ages (\$)





BBQ MENU:
Hotdog or Hamburger,
Drink & Side Combo for \$5
Cash only please.

Whether you're looking for a great deal, a tasty lunch, or a fun day out with family and friends, there's something for everyone.

Join us on September 12th as we celebrate our achievements, reconnect with our community, and look forward to an exciting future together. We can't wait to see you there! Thank you for being part of our journey. Let's celebrate together!



50-50 DRAW



**TICKETS:
\$2 EACH OR
3 FOR \$5**

**TICKETS WILL BE SOLD IN THE MAIN FOYER
FROM 10:00AM-12:00PM:**

- Tuesday, September 1st
- Thursday, September 3rd
- Tuesday, September 8th
- Thursday, September 10th
- & Saturday, September 12th at the "Bargains & BBQ" Sale

DRAW DATE: SEPTEMBER 12, 2026

St. Joseph's at Fleming Foundation

659 Brealey Drive • Peterborough ON K9K 2R8

Phone: 705-743-4744 ext. 3060

Email: foundation@sjflt.com

Charity Number: BN 831138516RR0001





Your gift will help our residents, like Rose, receive the care and support she deserves.



A New Chapter of Caring Begins with Your Support

Every chapter in a story has its own tone. Some are heavy, some are hopeful, and some mark the moment everything begins to change.

At St. Joseph's at Fleming (SJF), we are standing at the start of that turning point. A moment where the page is ready to turn, a moment filled with possibility, and a moment where your kindness can truly shape what comes next.

Over the past few years, residents faced challenges unlike any we have ever experienced. There were moments of uncertainty, moments that tested resilience, and moments that required immense strength - from residents themselves, and from the families and care teams who stood beside them. Through it all, one thing remained constant: **the extraordinary heart of our community, led by the people who call this place home.**

And now, because of that resilience, **we are stepping into a new chapter.**

A chapter shaped by residents' voices and needs.

A chapter where renewal creates new possibilities.

Where comfort, safety, and dignity guide every improvement we make.

This is the moment where your kindness can shape what happens next.

Your compassion helps SJF move forward into **A New Chapter of Caring**. You've shown your heart for our residents before, and your support continues to make a real difference. **Will you help us strengthen the care and comfort we provide by making a gift today?** Your generosity will directly support the dignity, well being, and person centred care of every resident at St. Joseph's at Fleming.

Thanks to your support so far, the Foundation has begun enhancing resident spaces through a new art initiative, including murals throughout the home and projectors in each living room. Building on that progress, we are now focusing on other important improvements that support residents' comfort, safety, and dignity.

Today, we are focusing on the fundamental things that make a home feel like home:



New, safer flooring to help prevent falls and support residents who rely on walkers and wheelchairs.



Freshly patched and painted walls and enhanced lighting that transform worn spaces into warm, inviting ones.

These are not simply renovations. They are investments in wellbeing. They are the details that help a resident feel secure, respected, and truly cared for.

Let me share a small moment that captures why this matters.

Recently, after one hallway was refreshed, a resident paused, looked around, and quietly said,

“It feels different... it feels like someone cares.”

These are the moments your generosity creates. Moments where people feel cared for, not just cared about.

Our residents have lived remarkable lives. They deserve surroundings that reflect their worth — surroundings that feel stable, comforting, and full of dignity.

With you beside us, this new chapter of caring will not only be written... it will flourish.

With gratitude,



Nelson Ribeiro
CEO
St. Joseph's at Fleming



Every gift helps create meaningful opportunities and enrich the lives of our residents. To support our home, please visit sjfltc.com or scan the QR code above to make your donation today. Thank you for your generosity and continued support.

September Events

September 4th at 1:30pm
Pub & Music with Eileen Hennessey



September 8th at 2:15pm
Armchair Travel to Germany



September 12th from 8:00am-1:00pm
Bargains and BBQ (\$)
8:00am-1:00pm Garage Sale - AUD
10:00am-1:00pm Fun Fair - Lower Parking Lot
10:00am-1:00pm BBQ - AUD Balcony



September 14th at 10:30am
Hymn Sing



September 15th at 2:15pm
Pantleg Pitch



September 16th at 1:30pm
Music with Washboard Hank & Ice Cream Treats
Sponsored by the SJF Residents' Council

September 17th at 1:30pm
Birthday Party with Music by The Roy Boyz



September 17th at 3:30pm
Resident & Family Townhall



September 21st at 10:30am
Leaf Painting with Nature Roots Childcare



September 24th at 1:30pm
Fun & Free Auction



September 28th at 1:30pm
Oktoberfest Party with Music by Don Van Halteren



September Zodiac Signs



Virgo

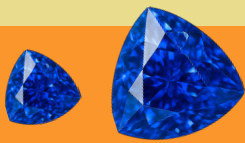
August 23 – September 22

- **Element:** Earth
- **Symbol:** The Maiden
- **Traits:** Analytical, practical, hardworking, and detail-oriented.

Libra

September 23 – October 22

- **Element:** Air
- **Symbol:** The Scales
- **Traits:** Diplomatic, cooperative, fair, and social.



September Birthstone



The birthstone for September is the beautiful sapphire, a gemstone treasured for centuries for its rich blue colour and timeless elegance. While sapphires are most commonly known for their deep blue hues, they can also be found in a variety of colours, including pink, yellow, green, and purple.

Traditionally, sapphires symbolize wisdom, loyalty, sincerity, and nobility. Throughout history, they were believed to bring protection, good fortune, and inner peace to those who wore them. Today, sapphires remain one of the most popular and cherished gemstones in the world.

As we celebrate our September birthdays, the sapphire reminds us of the strength, kindness, and wisdom that enrich our community each day. We extend our warmest wishes to all residents, family members, volunteers, and staff celebrating birthdays this month. May your special day sparkle as brightly as a sapphire!



Aster

The Aster is known for its delicate, star-shaped blooms and symbolizes love, wisdom, faith, and elegance. Its vibrant flowers add a cheerful splash of colour to late summer and early autumn gardens.



Morning Glory



The Morning Glory is admired for its beautiful trumpet-shaped flowers that open with the morning sun. It symbolizes affection, renewal, and embracing each new day with hope and positivity.

September

Word Search



September's here, and so is a word search packed with seasonal fun! Can you find all the hidden words scattered in every direction—forward, backward, up, down, and diagonal? Circle each word as you find it and cross it off the list.

K	J	L	L	A	B	T	O	O	F	S	E	Q	U	I	N	O	X
S	X	G	H	A	Y	R	I	D	E	D	R	F	R	Q	D	P	M
P	E	Q	S	C	H	O	O	L	S	N	I	K	P	M	U	P	V
T	L	P	G	L	X	F	P	B	J	R	F	G	W	C	T	Q	M
K	E	S	T	C	A	P	L	T	A	O	W	O	R	P	M	I	Q
M	A	D	D	E	A	B	N	T	L	C	R	K	S	W	G	L	S
K	V	R	R	R	M	L	O	I	K	C	K	I	M	R	W	J	Q
S	E	A	C	E	F	B	A	R	E	N	R	P	A	Z	N	B	U
N	S	H	K	Q	L	G	E	R	D	C	W	T	A	B	F	O	I
R	F	C	N	F	E	O	A	R	N	A	I	N	R	C	T	N	R
O	A	R	R	S	A	C	O	T	N	O	Y	E	B	X	K	F	R
C	R	O	E	E	S	L	Q	C	N	X	E	Z	T	J	T	I	E
A	M	N	T	P	C	M	L	H	K	Z	V	S	R	K	J	R	L
M	E	N	A	A	D	E	P	I	Y	W	E	M	D	R	C	E	N
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K	R	K	T	R	T	M	H	F	R	E	D	I	C	T	T	G	G

ACORNS
APPLES
AUTUMN
BACKPACK
BONFIRE
BREEZY
CIDER
COOLER
CORN
CRISP
EQUINOX
FALLING
FARMERS
FOLIAGE
FOOTBALL
GOURDS
GRAPES
HARVEST
HAYRIDE
LABOR DAY
LEAVES
MIGRATION

ORCHARDS

PUMPKINS

RAKE

SCARECROW

SCHOOL

SEPTEMBER

SQUIRREL

SWEATER

